Evidence-based nursing practice regulation: Why you are important to getting it right

Learning Objectives

- Identify the steps in the development of nursing practice regulations
- Identify the role of nursing professional organizations in regulation development
- Discuss examples of individual nurse involvement and advocacy efforts to improving nursing practice regulations

Nursing's Core Values
**Take Home Messages:**

For Students & Clinicians

- Public health problem demands a public health solution
- Clinical Competency is not sufficient
- Advancing practice requires professional competency
  - knowledge, responsibility, activism
- It Takes a Village

**Professional Core Competencies:**

**Knowledge**

- Understand the credentialing framework for RNs/APRNs, including what scope of practice is, who defines it, and how to assess changes in scope of practice. **PAGE 27-32**
- Understand scope of practice: definitions, state legislature, laws/regs, licensing boards **PAGE 29-31**
- Understand the role of the professions in defining and protecting scope of practice **PAGE 32-37**
- Identify models for advancing SOP **PAGE 57-59**

**Basic Responsibilities**

- Maintain all essential practice documents
- Understand state practice act and other relevant codes
- Develop a working knowledge of state licensing board
- Maintain a professional practice portfolio
- Promote/Participate in state and national professional organizations
Professional Core Competencies: Activism

- Strategies for working within your professional organizations (PAGE 33-37) and regulatory boards (PAGE 59-60) to define, protect, and advance scope of practice.
- Strategies for formalizing educational standards through competency and curriculum development. PAGE 78
- Developing a practice portfolio that summarizes essential evidence for individual scope of practice documentation (education, competence, experience, regulatory adherence).

Politics & Legislative Change

Exemplars—AB 2348, AB 154 and AB 980

Together these laws will help to reduce unintended pregnancy:

- Authorize RNs in community clinics to dispense/administer contraceptives (AB 2348)
- Remove restrictions on the clinical provision of abortions by qualified NPs, CNMs, & PAs (AB 154)
- Allow abortion to occur in a variety of clinical settings without unnecessary restrictions on the facilities in which they are performed.
Working in Coalition to Overcome Challenges & Challengers: It takes a village to making lasting policy change

California Coalition for Reproductive Freedom

A woman knows what's best for her and her family

Next steps: Implementation

Regulations
Communications
Practice/Education Standards Integration
What you can do

Students

- Professional Knowledge
  - Understand your personal responsibilities for maintaining and advancing scope of practice (RN and APRN)
- Professional Responsibilities
  - Maintain all essential practice documents
  - Understand state practice act and relevant codes/regs
- Professional Activism/Advocacy
  - Join your state/national professional organization
  - Educate yourself about orgs’ legislative/policy activities
  - Become active in practice or legislative committees

Educators

- Role model: Join state and national organizations
- Mentor students and new clinicians about professional responsibilities to increase patient access and learn strategies for solving public health and patient access problems

Where to find these resources

- Professional Nursing Organizations
  - California NPs: http://www.canpweb.org
  - California CNMs: http://www.crema.net / www.midwife.org
- California Board of Registered Nursing:
  - http://www.rn.ca.gov/regulations
  - http://www.rn.ca.gov/pdf/regs/regulations/k2725.4.pdf
- California Coalition for Reproductive Freedom
  - https://reproductivefreedomca.org
- California Women’s Health Alliance
  - http://www.facebook.com/womenshealthallianceca
- A Professional Toolkit: http://www.apctoolkit.org